

WELCOME! BUILDING HEALTHY PLACES INTEREST FORUM

May 2, 2017 | Seattle, WA



SELF INTRODUCTIONS

Michael Horst



BUILDING HEALTHY PLACES At ULI

Rachel MacCleery Senior Vice President, Content, ULI



ULI BUILDING HEALTHY PLACES INITIATIVE



Leveraging the power of ULI's global networks to shape projects and places in ways that improve the health of people and communities.



Goals:

- Raising **awareness**
- Defining the **approach**
- Exploring the value proposition
- Advancing the state of practice and policy

Starting in FY18, Building Healthy Places will be part of the revamped Center for Sustainability and Economic Performance.



ULI MEMBERS ARE CORE



- The Building Healthy Places Initiative advances the ULI mission and promotes healthy, thriving communities by engaging, informing, and inspiring ULI members.
- ULI members promote health:
 - Through their **organizations**
 - Through their investment and project decisions
 - Through their influence in **communities**



BHP PARTNERS & FUNDERS

Mr. Randall Lewis



The Colorado Health Foundation[™]

THE KRESGE FOUNDATION

Expanding opportunities in America's cities





Robert Wood Johnson Foundation



PROJECTS & PROGRAMS

Member and Partner Engagement

- ULI Health Leaders Network
- ULI/Randall Lewis Health Mentorship program
- Product Council Joint Projects
- Forums
- Call to Action

Shaping Cities and Regions

- Healthy Corridors Project
- Healthy City Impact Campaign

Influencing and Informing Development Practice

- BHP Toolkit
- Healthy Housing
- Food & Real Estate Project
- Creative Placemaking Project
- Active Transportation & Real Estate Project



ULI HEALTH LEADERS NETWORK



TAKE YOUR PASSION FOR HEALTH TO THE NEXT LEVEL!

- This program will empower real estate and land use professionals with the skills, knowledge, and networks to improve health outcomes in their professional practice and communities.
- Approximately 35 Health Leaders will be selected to take part in the program.
- Activities will include two in-person forums focused on leadership development and network building, and five interactive webinars exploring topics such as cross-sector partnerships, demographics, environmental health, and more.
- Applications are due on June 2, 2017.
- Learn more at: www.uli.org/healthleaders.

ULI is grateful to the Robert Wood Johnson Foundation, the Colorado Health Foundation, and Randall Lewis for their support of this program.



ULI/RANDALL LEWIS HEALTH MENTORSHIP PROGRAM



INSPIRE THE NEXT GENERATION OF ULI MEMBERS!

- This program will pair urban planning, architecture, and real estate graduate students with ULI members working at the intersection of health and the built environment and support their participation in ULI's 2017 Fall Meeting in Los Angeles.
- If you are is interested in serving as a mentor and receiving a complimentary Fall Meeting registration, please contact us via health@uli.org.
- Applications are due from students on June 2, 2017.
- Learn more at: www.uli.org/healthmentors.

ULI is grateful to Randall Lewis for his support of this program.



PRODUCT COUNCIL/JOINT BHP ACTIVITY

ENGAGE YOUR FELLOW PRODUCT COUNCIL MEMBERS AROUND HEALTH!

- BHP will work with two ULI Product Councils to craft white papers or other communications exploring topics that intersect with Product Council interests, human health, and real estate performance.
- Statements of Interest are due on June 2, 2017.
- Learn more at: www.uli.org/bhpcouncilresearch.





CREATIVE PLACEMAKING



New Brochure!

Implementing Creative Placemaking in Real Estate examines opportunities and benefits associated with integrating arts and culture into real estate projects. The brochure lays out ten best practices in creative placemaking and four inspirational case studies.

ULI is grateful to the Kresge Foundation for its support of this program.



CREATIVE PLACEMAKING



ULI Creative Placemaking Self-Guided Tour of Seattle

https://goo.gl/vCPf2X

And in the Events App

ULI is grateful to the Kresge Foundation for its support of this program.



BHP INTEREST FORUM GOALS

- 1
- Provide a place for ULI members who are passionate about health and development to engage with each other and focus on health and real estate
- 2 Offer a chance for ULI members to share knowledge and insights about projects
- 3
- Update forum participants about the latest work that is being done at ULI and other organizations on health and real estate.

BHP INTEREST FORUM AGENDA

8:00 – 9:30 am	Breakfast, tour of Bullitt Center Presentation by Denis Hayes, Deborah Sigler, Rob Peña
9:30 – 10:30 am	Bus to High Point
10:30 – 11:45 am	Self-Introductions; Updates from ULI
11:45 – 12:00 pm	Lunch served
12:00 – 1:00 pm	Presentation – Reflections on Health Professor Andrew Dannenberg Joanna Frank, Center for Active Design, Moderator
1:00 – 2:00 pm	Panel – Water and Health Today Katharine Burgess, ULI Mami Hara, Seattle Public Utilities Jalonne White-Newsome, Kresge Foundation, Moderator
2:00 – 2:30 pm	Presentation – Overview of High Point development Tom Phillips, Peg Staeheli, George Nemeth
2:30 – 4:00 pm	Tour of High Point
4:00 – 5:00 pm	Bus to Mithun
5:00 – 7:00 pm	Reception at Mithun

THANK YOU!



Presentation

REFLECTIONS ON HEALTH

Andrew Dannenberg

Professor, University of Washington

Joanna Frank

Executive Director, Center for Active Design (moderator)

Connecting Health and the Built Environment

Andrew L. Dannenberg, MD, MPH Affiliate Professor Dept. of Environmental and Occupational Health Sciences and Dept. of Urban Design and Planning University of Washington adannen@uw.edu

> Building Healthy Places Interest Forum Urban Land Institute Seattle, May 2, 2017

What is Health?

- "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity"
 - World Health Organization

- Physical health
- Mental health
- Well-being
- Livability



Factors that Affect Health



Frieden, AJPH, 100:590, 2010

Community Design and Health

Related to land use

Related to automobile dependency

Related to social processes

- Obesity, physical activity, CVD
- Water quantity and quality
- Access to healthy food
- Air pollution and asthma
- Climate change contribution
- Car crashes
- Pedestrian injuries
- Mental health impact
- Social capital
- Environmental justice

Physical Activity

A sedentary lifestyle increases the risk of

- overall mortality (2 to 3-fold)
- cardiovascular disease (3 to 5-fold)
- some types of cancer, including colon and breast cancer

The effect of low physical fitness is comparable to that of hypertension, high cholesterol, diabetes, and even smoking.



Wei et al., *JAMA* 1999; Blair et al., *JAMA* 1996

Determinants of Physical Activity

More likely to exercise if:

- Walking trails, parks and gyms accessible
- Sidewalks present and scenery enjoyable
- Many people exercising
- Friends available with whom to exercise

Less likely to exercise if:

- Too little time
- Too tired
- Unmotivated
- Perceived traffic, crime or danger
- Long distance to exercise location



Source: Brownson RC et al, *AJPH* 91:1995, 2001
HealthStyles Survey, 1999

Walkable Community Designs: **Connectivity and Physical Activity**



in ITE Journal 1989;59:17-18





Transportation Design to Discourage Physical Activity



Transportation Design to Encourage Physical Activity





Cooper River Bridge, Charleston, SC

Asthma and Air Pollution

- Natural experiment during 1996 Summer Olympic games in Atlanta
- Peak morning traffic decreased 23% and peak ozone levels decreased 28%



- Asthma-related emergency room visits by children decreased 42%
- Children's emergency visits for non-asthma causes did not change during same period

Friedman et al. *JAMA* 2001;285:897

Water Quality

- Water run-off from roads and parking lots can pollute water supplies with possible impact on human health
- Increased erosion and stream siltation causes environmental damage and may affect water treatment plants



Deaths and Injuries to Motor Vehicle Occupants and Pedestrians

- Leading cause of deaths among persons 1-34 years old
- Annual toll from motor vehicle crashes in United States:
 - 34,000 deaths
 - 2.4 million nonfatal injuries
 - \$100 billion in costs

Sources: NHTSA 2010; USDOT 2008; Naumann 2010



Mental Health Issues that may Relate to Community Design

• Depression

- Relieved by physical activity and social interaction
- Stress
 - Aggravated by long commutes
- Attention Deficit-Hyperactivity Disorder
 - Greenspace may improve function in ADHD
- Violent Behavior Impulse Control
 - Example: road rage

Social Capital

- Defined as social networking, civic engagement, trust and reciprocity
- Decreased by long commutes



Community Design and Income Inequality



Design Principles to Address Climate Change



- Transportation
 alternatives
- Density
- Mixed land use
- Parks and green spaces
- Energy efficient buildings

Urban Planning to Promote Health

 Design Safe Routes to School to encourage children to walk or bike to school





Urban Planning to Promote Health

 Create Complete Streets to accommodate pedestrians, bicyclists, transit, and motor vehicles


Urban Planning to Promote Health



Place parks in easy walking distance of housing



Urban Planning to Promote Health

 Convert abandoned rail lines to trails for recreation and transportation





Costs and Benefits of Bicycling Investments in Portland, Oregon

- By 2040, investments of \$138-\$605 million will result in:
 - Health care cost savings of \$388-\$594 million
 - Fuel savings of \$143-\$218 million
- Benefit-cost ratios are between 3.8 and 1.2 to 1

Gotschi T. J Phys Activ Health 2011, 8(Suppl 1), S49-S58





Public Transit and Physical Activity



USDOT 2001 National Household Travel Survey; 3312 transit users

- Transit users walk a median of 19 minutes daily to and from transit
- 29% of transit users exceed 30 minutes of walking daily to and from transit

Besser LM, Dannenberg AL Amer J Prev Med 29:273, 2005

Policy: Shared Use Agreements

Schools that share their grounds with community members on evenings and weekends increase places available for physical activity



Policy: Unbundling Parking

 Separate the price of living unit from the price of parking space



Brownfield Redevelopment

Disease Prevention AND Health Promotion

Source: Smart Growth and Neighborhood Conservation, Maryland



Zoning Laws to Promote Health

 Accessory Dwelling Units can provide housing for an elderly parent or a student



Design to Promote Health

 Create Transit-Oriented
 Development to encourage walking and transit use



Make the healthy choice the easy choice



Active Design Guidelines

Provide architects and urban designers with strategies for creating healthier buildings, streets, and urban spaces, including

- Urban design strategies for creating neighborhoods, streets, and outdoor spaces that encourage active transportation and recreation.
- Building design strategies for promoting active living —for example, through the placement and design of stairs and indoor and outdoor spaces.
- Discussion of synergies between active design and sustainable design initiatives



www.nyc.gov/adg

Tools: www.Walkscore.com



Seattle top 10%: 99 Your score: 74	60% of Seattle residents
	have a higher Walk Score.

Walkscore can be Added to Real Estate Listings to Assist Homebuyer Decisions





Walkscore 0-10 Few destinations

Walkscore 80-90 Many destinations

Health Impact Assessment

 A tool to increase partnerships and communication between public health professionals and planners and other decision-makers





HIA of Trinity Plaza Housing Redevelopment San Francisco Health Department

- 360 unit low-income apartments to be demolished to build new 1400 unit market-rate condominiums
- HIA found effects on housing affordability, stress, displacement of residents, food insecurity, and segregation
- After negotiation, developer received building permit and agreed to build one-for-one replacement units for lowincome families being displaced



LEED for Neighborhood Development Rating System

UNDERSTANDING THE RELATIONSHIP BETWEEN PUBLIC HEALTH AND THE BUILT ENVIRONMENT

A REPORT PREPARED FOR THE LEED-ND CORE COMMITTEE





• Integrates the principles of smart growth, urbanism, public health, and green building into the first national standard for neighborhood design

http://www.usgbc.org/leed#rating

FITWEL Healthy building certification

- Designed to support the wellbeing of building occupants and to support healthy communities
- Health impact categories
 - Increase physical activity
 - Social equality for vulnerable populations
 - Reduce morbidity + absenteeism
 - Impact on community health
 - Instill feelings of well-being
 - Promote occupant safety
 - Provide healthy food options

https://fitwel.org

WELL Building Standard

- Takes a holistic approach to health in the built environment addressing behavior, operations, and design
- Categories available now or in pilot phase
 - Commercial office buildings
 - Retail
 - Multifamily residential
 - Education
 - Restaurant
 - Commercial kitchen

http://delos.com/about/well-building-standard/



Making Healthy Places: Designing and Building for Health, Well-Being, and Sustainability







Andrew L. Dannenberg, Howard Frumkin, and Richard J. Jackson

Andrew Dannenberg, MD, MPH Howard Frumkin, MD, DrPH Richard Jackson, MD, MPH Island Press, 2011

www.makinghealthyplaces.com

ULI Toolkit for Promoting Healthy Design

- Evidence-based opportunities for enhancing health outcomes in real estate developments
- 21 recommendations at the building or project scale in
 - Physical Activity
 - Healthy Food and Drinking Water
 - Healthy Environment and Social Well-Being



Final Thoughts

- Developers and planners influence the health of their communities
- Business model for promoting healthy design: stay compatible with market forces
- Millennials want walkable healthy communities
- Healthy design can help address equity issues
- <u>Co-benefits</u>: healthy design is compatible with sustainability and climate change benefits



Goal:

Make health-promoting design as routine and desirable as green design



www.aia.org/topics/31-design-and-health www.cdc.gov/healthyplaces **Discussion Panel**

WATER AND HEALTH

Katharine Burgess Senior Director, ULI

Mami Hara Director, Seattle Public Utilities

Jalonne White-Newsome

Senior Program Officer, Environment, Kresge Foundation (moderator)





This new report is released today!



THANK YOU to all contributors including:

- Sustainable Development Council
- Responsible Property Investment Council
- Center for Sustainability + Economic
 Performance Advisory Board
- Reviewers including Michael Bloom
- Interviewees: developers, policymakers and designers, incl. many ULI members
- ULI staff team

This new report is released today!



- Outreach to District Councils will commence this summer
- Please follow up for more information or to share any ideas for local events, project promotion and/or continued research: <u>Katharine.burgess@uli.org</u>
- Report can be accessed at: <u>http://www.uli.org/stormwater</u>

A Perfect Storm

- Urbanization, impervious surfaces and the American legacy of carcentric planning
- Failing infrastructure: 700+ EPA Consent Decrees
- Strapped municipal budgets
- Climate change & likelihood of increased precipitation & number of extreme storm events





Key themes: Policy Shifts

- Cities are prioritizing green infrastructure over gray infrastructure, due to costs and opportunities for co-benefits, including co-benefits related to public health.
- The private sector is expected to play an increasingly prominent role in stormwater management and the implementation of green infrastructure.



Green vs. Gray Infrastructure Costs



NYC Green Infrastructure Plan: CSO Cost Scenarios

Infrastructure Costs + Benefits





NYC Green Infrastructure Plan

Green Infrastructure Benefits

- Improved water quality
- Flood risk mitigation
- Resilience to climate change
 impacts
- Wildlife habitat
- Reduced temperatures in developed areas
- Recreation opportunities
- Enhanced community aesthetics
- Increased property values
- ... many more





Canal Park, photo courtesy Bruce Damonte

City Policies & Tools Profiled

- On-site water retention requirements
- Credit-trading schemes
- Green Area Ratios
- Development incentives
- Fee structures
- Implementation of Total Maximum Daily Loads
- Community grant programs
- Design frameworks & LID toolkits
- Design competitions





Washington D.C. Green Area Ratio, courtesy D.C. Department of Energy and the Environment

Water Management Tools Profiled

- Rainwater harvesting
- Bioswales, rain gardens & natural drainage systems
- Green roofs & blue roofs
- Cisterns
- Stormwater vaults
- Permeable surfaces
- Tree pits
- Monitoring systems
- Efficient fixtures
- Dry wells
- Many combinations of the above





Lessons Learned

- The emerging range of policies and design tools can be effective in many different markets, contexts, climates and densities.
- Green infrastructure not only offers the opportunity for environmental, social and health benefits but also presents opportunities for value generation.



USC Village, photo courtesy USC/Harley Ellis Deveraux


Value Proposition: Development Yield

- Increased developable land
- Smooth permitting process



Encore!, photo courtesy Tampa Housing Authority



Value Proposition: Development Yield

- Increased developable land
- Smooth permitting process



Market at Colonnade, photo courtesy Regency Centers



Value Proposition: Design + User Experience

- Increased market value, e.g. the "sustainability premium"
- Place-making, marketing, amenity value and improved building user experience



Burbank Water + Power, photo courtesy Helio 135



Value Proposition: Design + User Experience

- Increased market value, e.g. the "sustainability premium"
- Place-making, marketing, amenity value and improved building user experience



The Avenue, photo courtesy Sasaki

Value Proposition: Operational Efficiencies

- Opportunities to reduce potable water usage, achieve long-term savings
- Importance of monitoring systems



"Targeting a goal of no potable water use for nonpotable needs led to creative thinking, such as building a large concrete cistern in the exposed basement instead of purchasing a metal tank, which in turn made the system more cost-effective. The environmental benefits associated with the large volumes of water reused will benefit the community for years to come." | RENEE LOVELAND, SUSTAINABILITY MANAGER, GERDING EDLEN

> Meier Frank Delivery Deport, photo courtesy Jeremy Bitterman



Value Proposition: Resilience to extreme events

Increased
 preparedness for
 major storms and
 events, as well
 as ability to
 better manage
 water
 scarcity/drought



Stonebrook Estates, courtesy Terra Visions LLC



Other Lessons Learned

- Strong opportunities for public/private partnerships
- Need to accommodate a learning curve
- Many opportunities for community engagement



Canal Park, photo courtesy OLIN/Karl-Rainer Blumenthal

Thank you!

www.uli.org/stormwater

Katharine.burgess@uli.org

WATER + HEALTH UTILITY PERSPECTIVES May 2, 2017

Mami Hara General Manager Seattle Public Utilities



Infrastructure can be defined as the basic physical and organizational structures needed for the operation of a society or enterprise.

Viewed functionally, infrastructure facilitates the production of goods and services.... Wikipedia **Infrastructure** can also be defined as entailing:

Commons management Government intervention Positive externalities / large social surplus

(the amount by which the social value exceeds the private value)

- Brett Frischmann

Done right, it can be the **platform** for public health, social cohesion, cultural production, cultural identity, security and a wide range of other social, environmental and economic benefits.



Looking east over the Masonry Pool towards Ches











QUALITY OF LIFE

ENVIRONMENT ECONOMY

Clean Air

Healthy Watersheds

Robust Habitat

Hospitable Climate

Efficient Energy Use

Valuable Properties

Productive Land Use

Competitive Economy

Convenient Recreation Access

Fresh, Local Produce

Healthy Residents

Strong, Safe Neighborhoods



GreenPlan Philadelphia













Community Centered Investment

- Organizing appropriate workgroups around place/community
- Making our services accessible, and integrated
- Making our rates as affordable as possible and making discount program design and enrollment as accessible as possible
- Advancing service equity
- Seeking multiple benefits from our work, including community benefits
- Making communities our true partners as educators, advocates, innovators, adopters, stewards
- Developing programs such as public art or GSI programs that enhance and empower communities
- Designing projects for placemaking and local identity

Leveraging investments Examples of economic benefits to local community

New community jobs

Activism, planning, design, construction, maintenance, education

New utility jobs

Monitoring, enforcement, program management, community engagement, apprenticing through programs such as PowerCorpsPHL

New tools and targets

- Project Labor Agreements (local, apprentice, women + minority support)
- Community benefit agreements
- Expanded participation goals and programs

New locally-based green industry

- Business advocacy and advisory groups
- Local and disadvantaged business
 training and participation
- Business attraction
- Expanded demand







Equity + Water

- Affordability
- Service Equity
- Workforce Equity and Inclusion
- **Business Participation**
- Community Empowerment, Resilience, Engagement + Planning
- Community benefits
- **Environmental Justice**
 - Planning and design of programs + projects for EJ and public health
 - Aligning funding, financing and expenditures with EJ
 - Addressing a changing climate and its impacts
 - Addressing regional, state and federal funding formulae



SPU Vision Plan + Master Plan for Drainage + Wastewater

Beyond regulation: One Water

- Community centered
- Forward looking
- Designed to engage imagination and action

Comprehensive and sustained engagement Integrated, holistic planning approach

3-4 year process50 year planning horizon, immediate investments



THE KRESGE FOUNDATION



Discussion Panel: Water & Health Today

Dr. Jalonne L. White-Newsome The Kresge Foundation

Urban Land Institute Building Healthy Places Interest Forum May 2, 2017 - Seattle, WA

THE KRESGE FOUNDATION



- National private foundation
- Goal: Expanding opportunities in America's cities
- \$3.6 billion endowment
- Funded through grants and social investments
- Six program areas and two practices


Environment

Helping cities implement comprehensive climate-resilience strategies grounded in equity

Our Starting Point



- Climate change is occurring, is human caused, and requires response.
- Climate change fundamentally affects opportunity for low-income people.
- Low-income people and communities of color remain under-represented in climateresilience decision making.
- Equity in addressing the causes and impacts of climate change is not a given.
- Cities are central to action on climate change.

Kresge's Environment Program Strategy (as of March 2017)







Building capacity & commitment of urban leaders Strengthen the evidence base and develop tools Transform key urban systems

Kresge's vision for a climate resilient, equitable water system

- · Is integrated, nimble and responsive to climate change
- Manages water supply, storm water, and wastewater in an equitable way
- Engages low income, and other marginalized communities in large scale water planning
- Provides multiple benefits to water users economic, social, and health related
- Creates the path for a variety of investments grants, social investments and market rate investments - to enhance and/or build new physical water infrastructure where the need is greatest
- Processes and distributes water in an energy efficient manner
- Embeds climate change considerations into the capital planning processes



To reflect the needs and priorities of low-income communities by advancing a water equity agenda that:

- Supports solutions to address the climate related impacts on water systems (floods and storms), and
- Enhances climate resilience planning at the local level to support integrated water management practices

Support and nurture a new cadre of water leaders to help amplify marginalized voices and strengthen climate vulnerable regions and water systems.

Define and promote a framework for addressing climate resilience and equity in the water sector. Advance non-traditional approaches to finance, operations, and community participation that produce multiple community benefits.

Opportunities to advance Social Investing & Market Rate Investments in Green Infrastructure



Kresge Foundation

Water Capital Scan





February 2017

Green Infrastructure & Workforce Development



NatureWORKS is a national urban green infrastructure workforce study.

It aims to better understanding urban green infrastructure installation, maintenance and inspection jobs and careers.

Project funded by the USDA Forest Service National Urban and Community Forestry Program and the Kresge Foundation

http://www.jff.org/publications/exploring-green-infrastructure-workforce

Developing Resilient Infrastructure for Anchor Institutions



OUR IMPACT

- . 5,000 hospitals and 23 states
- 14 pharmacy chains
- 28 European countries
- 5,600 developing country hospitals
- Global Treaty



- · Becoming industry standard
- Grew market from \$100 million to \$500 million growing at 12% per year



- · 4,500 in 1995; 83 in 2006
- · Created demand for reprocessing

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   Hospitals reduced energy use by an aggregate 2.5%

over three years, eliminating 73,600 metric tons in
greenhouse gas emissions, the equivalent of removing
15,600 vehicles annually from US roads
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- \$72 million redirected to local/sustainable foods
- · Created market for antibiotic-free meat in hospitals



- Developed LEED certified standard for hospitals in US; Australia and China adopted as national guidelines
- · Enlisted 300 hospital architectural projects onto the framework
- Impacted 40 million square feet of health care construction



- Organized 16 leading US health systems representing \$100 billion in revenue
 - Council accelerates investment in renewable energy, scales the sector's adoption of resiliency programs and advocates for policies that promote healthy communities

 Built \$50 million worth of market demand for healthier furnishings in health care



Planning & Preparedness: Housing in the floodplains

FloodzoneData.us

A project of the NYU Furman Center, FloodzoneData.us describes the people and housing located in the U.S. floodplain.



All content @ 2005 - 2017 Furman Center for Real Estate and Urban Policy | Top of page | Context Us

Water, Climate Change & Public Health



Carpe Diem West

- A network of western water leaders dedicated to addressing the climate impacts on western water
- Engages water managers, local and state agencies, social justice activists, climate scientists, and western health sector leadership in developing a common policy and research agenda

Common Motivators:

Water sector leaders & real estate/urban development professionals



- Respect the role of physical infrastructure
- Recognize the importance of bringing the impacted community to the table
- Opportunity to improve public health & other community benefits
- Manage water for the public good
- Peer learning & collaboration
- Appreciate the benefits of climate, resilient infrastructure

Thank you for your time!

Presentation/Panel

HIGH POINT

Tom Phillips

Former High Point Redevelopment Manager, Seattle Housing Authority

Peg Staeheli

Principal Landscape Architect, MIG | SvR

George Nemeth

Senior Housing Developer, Seattle Housing Authority

High Point, Seattle

A Mixed - Income Green Redevelopment



High Point: Then and Now

Then

- 1942 Temporary Housing
- 716 Low Income Rental Homes

Now

- 120 acres
- ± 1600 Mixed Income Homes
- Model Green Community
- Rental and For-Sale Homes



Green Strategies

- Neighborhood Pattern & Design
- Compact & Healthy Development (Open Space)
- Skinny Streets
- Integrated Natural Drainage System
- Affordable Green Housing
- Breathe-Easy Homes (Asthma)



Mixed Income Housing



Diversity of Housing Types



Re-Integrated With West Seattle

Streetscape Network Building Character Park Connections





Integrated Natural Drainage System System

Longfellow Creek Drainage Basin: High Point is 10% of entire basin.





"Cleaning with Swales"

- Filtering and Bio-remediation -- Improve Water Quality Treatment
- Streets and Landscape Drain to Swales
- Mimics Natural Drainage
- Classic Neighborhood Streetscape





"Holding – Flow Attenuation"

- Maximize Infiltration of Water into Ground
- Minimize Impervious Paving (<60% coverage)
- Maximize Drainage into Natural Landscaping
- Mimics Natural Meadow
- Many Tools to Maximize Infiltration





"Cleaning with Swales"



<u> "Holding – Block Design"</u>

Requirements

- Each block uses site-specific drainage strategies.
- 62% 70% allowable impervious
- 50% of roof area drainage dispersed

Tools

- Porous pavement
- Splash blocks
- Conveyance furrow
- Dispersal trench
- Pop-up emitters
- Rain gardens
- Adjacent Swales





Bioswale Construction

Seattle Housing Authority / Mithun / SvR Design



High Point Natural Drainage Strategies "Holding" – Flow Attenuation : Permeable Paving / Gravel Parking Lot

SHA / Mithun / SvR Design



The Pond: An Asset, Not a Liability

"Holding" – Flow Attenuation : Pond "Holds" Excess Water for 100 year storm events

Green Building: Energy Savings

GOAL: 20% reduction in utilities compared with NewHolly.



Estimated annual savings for 4-person household in 3-bedroom unit: \$371

"Breathe-Easy Homes"

Healthy Homes – Healthy Communities

- 35 "Breathe-easy" homes decrease risk factors for childhood asthma
- Holistic environmental outreach by resident youth & adult teams
- Low-emission paint & construction materials in all rental housing
- High-efficiency hydronic heating
- Green approach to parks & open space maintenance

Early Findings: Significant Reduction in Emergency Room visits and home attacks.



Healthy Environment: Tree Preservation Plan



Conserving 123 trees worth \$1.5 million Adding approximately 2,500 trees Modify Site and Street Layout to Save Trees Protect During Construction



THANK YOU! SEE YOU NEXT TIME! ON TO MITHUN!

May 2, 2017 | Seattle, WA

